

Dr Stefan J de V Rawlins

Plastic & Reconstructive Surgeon

MBCHB(UOVS) MMED(PLAST)

PRACTICE No: 0254258 MP: 0374547

BTW No: 430261588

BREAST AUGMENTATION

THIS PROCEDURE WILL BE DONE UNDER GENERAL ANAESTHETIC AND WILL TAKE 60 – 90 MINUTES

POST OPERATIVE CARE:

- WHEN AWAKE, YOU WILL FEEL AN UNEASY HEAVY PRESSING FEELING OVER YOUR CHEST
- PAIN MEDICATION ARE ADMINISTERED IN THEATRE, BUT IF YOU STILL EXPERIENCE PAIN, PLEASE ASK THE NURSE
- AN INTRAVENOUS INFUSION WILL BE ON ONE OF YOUR ARMS OR HANDS
- YOU WILL RECEIVE A SPECIFIC BRA THAT MUST BE KEPT ON PERMANENTLY AS DISCUSSED WITH DOCTOR
- DO NOT REMOVE ANY BANDAGES
- YOU WILL BE ABLE TO LEAVE THE WARD WITHIN AN HOUR AFTER THE OPERATION
- START TAKING YOUR PRESCRIBED MEDICATION AND GO STRAIGHT TO BED AND REST
- ELBOWS TO BE KEPT AT YOUR SIDE, DON'T DO ANYTHING STRAINING FOR 2 DAYS
- FOR THE 1ST WEEK TRY NOT TO USE YOUR ARMS TOO MUCH
- MOST WOMEN RETURN TO NORMAL ACTIVITIES WITHIN 2-3 WEEKS
- RATHER BATH FOR 3 DAYS, TAKE CARE NOT TO WET THE DRESSINGS, YOU MAY THEN SHOWER FROM DAY 3 ONWARDS

COMPLICATIONS THAT MAY OCCURE:

- PAIN
- BLEEDING
- INFECTION
- SCARRING
- BLOODCLOTS

IF YOU EXPERIENCE ANY PROBLEMS, PLEASE CONTACT DR S RAWLINS ON **0824573766** OR OUR ROOMS ON **(012) 548 0431 / 0872308476**

Po Box 293, Montanapark, 0159
701 Stephan Street, Montana